

18TH ANNUAL VIRGINIA GERIATRICS CONFERENCE

CARE OF OUR OLDEST “OLD”



MARCH 16-18, 2007

**WILLIAMSBURG LODGE
WILLIAMSBURG, VA**

Virginia Geriatrics Society
Box 24305
Richmond, VA 23224

THURSDAY, MARCH 15, 2007

4:00 -7:00 PM: EARLY REGISTRATION

FRIDAY, MARCH 16, 2007

SESSION 1

ACPE: 294-999-07-010-LO4 (4 CONTACT HOURS)

7:00 AM REGISTRATION AND BREAKFAST

7:45 Colonial Medicine
N. Joseph Gagliardi, MD

8:45 Physical Examination of the Very Old Patient
Mark Williams, MD
University of Virginia

9:45 BREAK

10:00 Geriatrics and Why 90 isn't 70
Stefan Gravenstein, MD
Eastern Virginia Medical School

11:00 Anticoagulation in the Setting of Atrial Fibrillation to Prevent Embolic Stroke
Mark Williams, MD
University of Virginia

SESSION 2

ACPE: 294-999-07-011-LO4 (5.5 CONTACT HOURS)

12:00 LUNCH SYMPOSIUM
Sleep in the "Old-Old"
Catesby Ware, PhD
University of Virginia

1:30 How to Distinguish PD from Other Tremors
Thomas Pellegrino, MD
Eastern Virginia Medical School

2:30 Current Strategies to Prevent and Treat Herpes Zoster and Postherpetic Neuralgia in Older Adults
Ken Schmader, MD
Duke University

3:30 BREAK

3:45 Preoperative Assessment and Preoperative Planning for Older Surgical Patients
Jonathan Evans, MD
University of Virginia

4:45 Enhancing Independence: Strategies to Promote Continued Driving
Barbara Freund PhD
Eastern Virginia Medical School

5:45 ADJOURN

SATURDAY, MARCH 17, 2007

SESSION 3

ACPE: 294-999-07-012-LO4 (5.5 CONTACT HOURS)

7:00 AM REGISTRATION AND BREAKFAST

7:45 Managing Anorexia and Weight Loss
David Thomas, MD
St. Louis University School of Medicine

8:45 Herbal Product Use in the Elderly
Kim Cappuzzo, PharmD, MS, CGP
Virginia Commonwealth University

9:45 BREAK

10:00 Vitamin D, Wonder Drug
Robert Adler, MD
Virginia Commonwealth University

11:00 Falls: How to apply the AGS Guidelines in your practice
Angela Gentili, MD
Virginia Commonwealth University

12:00 LUNCH SYMPOSIUM
Lipid Control in the "Old-Old"
Franklin Zieve, MD, PhD
Virginia Commonwealth University

1:30 New Treatment Options for Diabetes
Aaron I. Vinik, MD
Eastern Virginia Medical School

2:30 ADJOURN

SUNDAY, MARCH 18, 2007

SESSION 4

ACPE: 294-999-07-013-LO4 (4 CONTACT HOURS)

7:00 AM REGISTRATION AND BREAKFAST

7:45 Health Policy Forum: Preparing for the Needs of Virginia's Older Population
Peter Boling, MD
Patricia Barry, MD (co-speaker)
Virginia Commonwealth University

8:45 Medication Therapy for LTC Residents
Thomas R. Clark, RPh, MHS
American Society of Consultant Pharmacists

9:45 BREAK

10:00 Pain Management
Michael Gloth, MD
Johns Hopkins University School of Medicine

11:00 Strategies to Reduce Distress Symptoms in Older Adults with Advanced Illness
Catherine Kelso, MD
Virginia Commonwealth University

12:00 ADJOURN

JOINTLY SPONSORED BY:

- Virginia Geriatrics Society
- Virginia Geriatric Education Center, Virginia Commonwealth University
- Hunter Holmes McGuire Veterans Affairs Medical Center
- VCU Partnership in Geriatric Education

PLANNING COMMITTEE

Cathy Buck, NP
Kimberly Cappuzzo, PharmD
Saunya Fisher, Coordinator
Angela Gentili, MD

Michael Godschalk, MD
Louise Manetta, NP
M. Elizabeth Meyers, MS
Terri Paige, Program Support

WHO SHOULD ATTEND

Physicians, nurse practitioners, physician assistants, Pharmacists and other clinicians who work with older adults, and/or desire information about advances in treatments for our aging population.

COURSE DESCRIPTION

This conference is designed to provide participants (physicians, pharmacists, nurse practitioners, and physician assistants) with advanced information through presentations, lectures, and symposia. Prevention, diagnosis, treatment, and ethical issues will be addressed. Participants will be able to use the information presented to improve their care of older adults.

CONFERENCE OBJECTIVES

By the conclusion of this conference, attendees should be able to:

1. Analyze and incorporate the management/treatment/drug therapy of geriatric problems of the "old-old", Such as: Atrial Fibrillation, Herpes Zoster, Sleep, Parkinson's Disease, and Lipid Management into your practice.
2. Identify and define unique considerations in caring for the "old-old", such as: Pre-op Assessment, Unsafe Driving, Prescription Reimbursement and Health Policy.
3. Describe appropriate End of Life Care, including Pain Management and Palliative care.

DISCLAIMER

Information in this brochure is correct at the time of printing. Should any alterations to the program or schedule be necessary, corrections will be made in the materials distributed on site.

ACCREDITATION AND CREDIT

ACCREDITATION


This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint sponsorship of the School of Medicine, Virginia Commonwealth University, Medical College of Virginia Campus (VCU) and Virginia Geriatrics Society. VCU is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT HOURS

Physicians may claim up to 19 hours in Type 1 or Type 2 on Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical License.

VCU designates this educational activity for a maximum of 19 **AMA PRA Category 1 Credit (s)**™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME Credit has been filed with the Academy of Family Physicians. **Determination of credit is pending.**

 The Virginia Commonwealth University School of Pharmacy is approved by the American Council on Pharmaceutical Education as a provider of continuing pharmacy education. You can achieve a total of 19 contact hours, (1.9 CEUs) after attending these programs and completing an Evaluation. Certificates will be sent approximately 6 weeks after the program.

The Virginia Geriatric Education Center is approved as a Provider of continuing education in nursing by the Virginia Nurses Association, which is accredited as an approver of Continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. This Program is approved for 19 contact hours.

VIRGINIA GERIATRICS SOCIETY

The Virginia Geriatrics Society (VGS) is an affiliate of the American Geriatrics Society. Membership in VGS provides priority access to all educational opportunities, free continuing education units (CEU's and CME's) at dinner meetings, discounted registration fee for the annual Virginia Geriatrics Conference, networking with Geriatrics and Gerontology professionals and opportunity to impact Geriatrics at the state and national level. Cost of Membership is just \$50.

www.vageriatrics.org

VIRGINIA COMMONWEALTH UNIVERSITY

Virginia Commonwealth University is an equal opportunity/affirmative action institution providing access to education and employment without regard to age, race, color, national origin, gender, religion, sexual orientation, veterans status, political affiliation or disability. Individuals with special needs (mobility, access, etc.) should indicate specific needs in a letter attached to registration form.

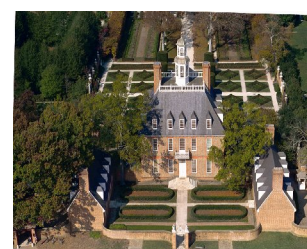
CONFERENCE SITE

HISTORIC WILLIAMSBURG

Be a part of History! Enjoy Historic Williamsburg and come celebrate America's 400th Anniversary of Jamestown, Virginia 1607-2007! Great plans are underway to commemorate the 400th anniversary of the founding of Jamestown. As our nation's birthplace turns 400, you're invited to not just come, but to become a part of history. Virginia invites the world to come explore her beauty, history, and culture.

Williamsburg abounds with opportunities for fun and relaxation. Visit the Historic area and be sure to see the following: The Capitol, The Governor's Palace, The Raleigh Tavern, The Wythe House, and the Public Jail. Stroll across the street from the Lodge to the Golden Horseshoe Golf Club; Take in a trip to one of the many museums. Browse through Merchants Square, a charming, bricklined shopping area featuring more than 40 unique stores and restaurants: After a long day relax at the spa and fitness center: There is "something for everyone." Join us in Making History!

WILLIAMSBURG LODGE



The Williamsburg Lodge, one of John D. Rockefeller Jr.'s original Colonial hotels, has undergone a significant expansion and renovation and is now welcoming guests with charming Southern comforts and hospitality. Ease of accessibility combined with diverse lodging, dining, and recreational offerings will leave you with a memorable lasting impression.

Accommodations will be available at a reduced rate of \$179 per room per night (single or double occupancy). Room Reservations may be made by calling the Williamsburg Lodge directly at 1-800-447-8679 or visit www.ColonialWilliamsburg.com/Visit/StayWithUS. Please mention you are with the Virginia Geriatrics Conference.



Photos courtesy of The Colonial Williamsburg Foundation, Williamsburg, VA.



REGISTRATION FORM

18th Annual Virginia Geriatrics Conference

Name: _____

Address: _____

City: _____ State ____ Zip Code _____

Daytime Telephone: _____

Email Address: _____

Discipline: _____ Age: ____ Gender: _____

REGISTRATION FEE

Postmarked before February 23, 2007

- \$425 for Physicians
- \$375 for Virginia Geriatrics Society members
- \$325 for Physicians-in-training, Pharmacists, NursePractitioners, and Physician Assistants

Postmarked after February 23, 2007

- \$475 for Physicians
- \$425 for Virginia Geriatrics Society members
- \$375 for Physicians-in-training, Pharmacists, Nurse Practitioners, and Physician Assistants

- Daily Rate: \$270 for Friday, \$180 for Saturday, and \$120 for Sunday

- Check enclosed** (payable to VGS)
- Please charge my MasterCard Visa

Card # _____

Exp. date _____

Signature _____

Mail or fax registration form to:

Saunya Fisher, Conference Coordinator
PO Box 24305
Richmond, VA 23224
Fax: (804) 675-5720

For Phone Inquiries or Special Needs contact:
Ruth Westcott - (757) 446-7040

To register online go to: www.vageriatrics.org
No registration refunds will be given after March 6, 2007.